

Parent Talk

Join us for a virtual discussion group for Cambridge parents with young children!

It's been a challenging period for parents of young children. Many of us feel very isolated so please join us virtually for a cup of coffee or tea and discussion with other parents.

- This is a space for parents to talk, connect and share challenges as well as ideas for taking care of ourselves.
- The theme is Self-Care.
- Groups will be facilitated by staff from the Center for Families and Let's Talk/Agenda for Children.

Saturday, June 27, 10:00 am–11:15 am

We will hold two groups at the same time:

- **Group 1:** for parents of children ages 3-5 (preschoolers)
- **Group 2:** for parents of children in elementary school (K-5)

To sign up: bit.ly/30yl9Hy

- **Limited spaces available. We will send you a confirmation that you have a spot in the group.**
- **Link for Zoom will be sent to you once you are confirmed.**

Questions? Call or text: 617-800-9154.

