








February 2025: At-Home Activity Calendar



Designed for Cambridge children ages 0-4, but all are welcome!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Parents, check out these ideas to try at home. The goal is to have fun!</p> <p>You can change these ideas to match your child's age or interests.</p> <p>To hear more from us, check out Let's Talk and Center for Families social media!</p> <p>  @cambridgecenterforfamilies  @LetsTalkCambMA  cambridgema.gov/dhsp/cff  @LetsTalkCambMA </p>						
<p>2 Read</p> <p>Take a walk in your neighborhood. Read the street signs together.</p>	<p>3 Play</p> <p>Have your child play drums on a pot. Talk about loud and soft sounds.</p>	<p>4 Sing</p> <p>Sing a song while you get dressed in the morning.</p>	<p>5 Tell Stories</p> <p>Pretend you are a community helper, like a doctor or firefighter.</p>	<p>6 Talk</p> <p>Build a tower and count how many blocks you use. How tall can it be?</p>	<p>7 Read</p> <p>Read different books by the same author. What do the stories have in common?</p>	<p>1 Talk</p> <p>Talk about some of your family traditions, or create a new one.</p>
<p>9 Sing</p> <p>Listen to a new song!</p>	<p>10 Tell Stories</p> <p>At dinnertime, tell the story of your day.</p>	<p>11 Talk</p> <p>Ask your child a question that can't be answered with "yes" or "no."</p>	<p>12 Read</p> <p>Read a book about a child that looks like your child.</p>	<p>13 Play</p> <p>Sort toys by color or size.</p>	<p>14 Sing</p> <p>Dance using your whole body—even your fingers and toes!</p>	<p>8 Play</p> <p>Find and feel three things that are smooth, scratchy, soft, or sticky.</p>
<p>16 Talk</p> <p>Have a conversation using a silly voice.</p>	<p>17 Read</p> <p>Read a recipe together while you cook. Notice how each step is written.</p>	<p>18 Play</p> <p>Go on a hunt for purple things around your house.</p>	<p>19 Sing</p> <p>Sing with your highest voice, then your lowest voice.</p>	<p>20 Tell Stories</p> <p>Make up a story based on the cover of a book.</p>	<p>21 Talk</p> <p>Draw a picture and then talk about it. What colors did you use? What shapes?</p>	<p>15 Tell Stories</p> <p>Bring toys or cups into the bath and use them to tell a story.</p>
<p>23 Play</p> <p>Use a stick to draw in the snow or dirt.</p>	<p>24 Sing</p> <p>Sing a song that rhymes.</p>	<p>25 Tell Stories</p> <p>Pretend that your feet are very heavy. Stomp!</p>	<p>26 Talk</p> <p>Notice opposites. Can you find something hot and cold? Big and small?</p>	<p>27 Read</p> <p>Read aloud to a toy or pet.</p>	<p>28 Play</p> <p>Play a game that moves your whole body: run, jump, skip, or dance!</p>	 <p>lets talk!</p>