

# April 2021: At-Home Science and Math Activity Calendar

Designed for Cambridge children ages 0-4 years old, but all are welcome!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Parents, check out these ideas to try at home with your child!</b></p> <p><b>The goal is to have fun!</b> You can change these ideas to match your child's age or interest.</p> <p><b>Talk, Read, Play, Sing, Tell Stories-</b> these are all ways to support your child's learning!</p>				<p><b>1</b> Use your senses- take a walk through your neighborhood. What sounds do you hear?</p>	<p><b>2</b> Read a book and look for different shapes- how many triangles can you find?</p>	<p><b>3</b> How far can you blow a cotton ball across the table? Can you change how far it can go?</p>
<p><b>4</b> Go around the house and point out things that are opposites- big/small, fast/slow, over/under.</p>	<p><b>5</b> Read a book together and imagine where the characters live- what is it like there?</p>	<p><b>6</b> Use your senses- what smells do you notice at dinnertime?</p>	<p><b>7</b> Help your child count their fingers and toes. Count forwards and backwards.</p>	<p><b>8</b> Take a walk and point out things that start with the first letter of your child's name.</p>	<p><b>9</b> Roll a ball on the floor and notice which way it rolls. Can you get it to roll another way?</p>	<p><b>10</b> Make a pattern out of toys or objects and say it out loud- "spoon, spoon, fork, spoon, spoon, fork."</p>
<p><b>11</b> Put on some quiet music and count as you stretch together.</p>	<p><b>12</b> Use your senses- find a leaf or flower and take a close look at the different parts.</p>	<p><b>13</b> Have your child play drums on a pot. Talk about how to make loud/soft or fast/slow sounds.</p>	<p><b>14</b> Search for different shapes around the house- how many can you find?</p>	<p><b>15</b> Bring a few cups into the bath and play with pouring water from one cup to another.</p>	<p><b>16</b> Talk about the color of different foods you eat. Do these foods ever change color?</p>	<p><b>17</b> Lay on a blanket and look up at the clouds- do they all look the same? Are they moving?</p>
<p><b>18</b> Put some toys in a bowl of water- which toys float and which toys sink?</p>	<p><b>19</b> Talk about the different parts of the body- how many arms and legs do you have?</p>	<p><b>20</b> Read a story about an animal- where does it live? What kind of food does it eat?</p>	<p><b>21</b> Bounce a ball and count how many times it hits the floor. How can you get it to bounce more times?</p>	<p><b>22</b> Talk about different ways to travel- plane, car, boat, spaceship.</p>	<p><b>23</b> Use your senses- go around and touch different objects. What can you find that is smooth, rough or soft?</p>	<p><b>24</b> Build a tower out of toys- count how many pieces you use, then knock it down.</p>
<p><b>25</b> Notice your shadow- talk about how you can change the way it looks.</p>	<p><b>26</b> Sort your toys into different groups- how many groups can you make?</p>	<p><b>27</b> Play with bubbles and watch them float away. Can you blow them in different directions?</p>	<p><b>28</b> Use your senses- Do a taste test! Try different foods with your eyes closed.</p>	<p><b>29</b> Talk about the season- are there buds growing on the trees? Baby birds in nests?</p>	<p><b>30</b> Drop a little bit of water on different surfaces (cardboard, plastic, metal)- is it the same each time?</p>	

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